

ESDGC Themed Activities, Games and Resources

The resources in this part have been categorised by the following ESDGC themes.

1. Identity and culture
2. Choices and decisions
3. Health
4. Natural environment
5. Consumption and waste
6. Climate change
7. Wealth and poverty

1. Identity & Culture

“Show Racism the Red Card”, 2006 Edition

Produced by the campaign against racism in football, this exciting multi-media pack is a favourite in schools. The DVD features a powerful anti-racism message, using football to raise subjects such as racism, identity, stereotypes, global citizenship, and civil rights. The pack is suitable for all ages, and comes with a comprehensive educational booklet full of ideas for follow-up activities and discussions.

Available to buy at www.srtrc.org/shop/index.php?main_page=index&cPath=4

“Learning to Participate: Human Rights, Citizenship and Development in the Local Community” Birmingham DEC, 1996

Learning to Participate focuses on a case study of Handsworth, Birmingham. It examines the issues facing this community, such as racism, unemployment, poverty, and policing and includes valuable statistics, case studies, media reports, and diagrams. This is a useful resource for work on racism and citizenship.

“Festivals Together: A Guide to Multi-cultural Celebration.” by S. Fitzjohn, M. Weston, J. Large

A resource guide for celebration, and for observing special days according to traditions based on many cultures. This book brings together the individuals from a multi-faith community - Buddhist, Christian, Hindu, Jewish, Muslim and Sikh. It draws on backgrounds as diverse as North and West Africa, the Caribbean, China, India, Ireland, Japan, New England, the Philippines and more. Its unifying thread is our need for meaning, for continuity and for joy using stories, songs, crafts, activities and recipes.

2. Choices & Decisions

“Young Activists Series” Community Links

With an easy-to-use format and humorous illustrations, the three workbooks in this series offer practical tips for young people who want to become engaged in their local communities. These are 'do-it-yourself' manuals, packed with useful ideas, advice and exercises to develop skills to take part in community projects or to start their own. Included are:

- “How to be a Community Champion: A Practical Manual for Young Activists”
- “How to be a Fundraising Champion: A Practical Manual for Young Activists”
- “Untie your Tongue and Get Life Licked: A Practical Public Speaking Guide for Young Activists”

Available to buy at www.community-links.org/our-national-work/young-activists-books/

“Young Peoples Participation In Decision Making” by UK Youth

This resource introduces young people to the principles of youth participation. It explores key issues that influence the success of young people’s involvement with decision making bodies and processes. The 12 sessions and over 40 activities enable young people to gain an understanding of values and choices; types of youth participation; human and youth rights; team work and problem solving; communication and handling conflict; types of decision making and becoming confident in meetings and committees.

Available to buy at www.ukyouth.org/whatwedo/publications/

“How Do We Make Peace?” Discussing Global Issues, UNICEF

Using 10 exciting activities designed to improve speaking and listening skills, this booklet addresses what peace is and the causes of and solutions to conflicts. By relating conflict situations to students' own experiences, young people can see how they can become actively involved in building and maintaining a peaceful community. The pack includes inspirational case studies from young people in Burundi, Cambodia, Northern Ireland, and Scotland.

Available to download free at www.unicef.org/tz/resources/resource_item.asp?id=76

“Empowering Children and Young People”, Save the Children

This training manual aims to help professionals, such as community workers and school teachers, to empower all children so that they can contribute to the decisions which affect them as individuals and as a group, at local and national levels.

Available to buy at: www.savethechildren.org.uk/en/54_2321.htm

“Planet X”, Oxfam

This is an activity to encourage young people to consider their own priorities in terms of rights, and to provide opportunities to practise negotiation skills.

Available to download at:

www.oxfam.org.uk/education/resources/developing_rights/files/lesson1_planet_x.pdf

“Making Sense of World Conflicts”, Oxfam

Drawing on vast amounts of source material, case studies, and country information, this resource helps investigate the complex subject of conflict with young people aged 13–17. There are case studies of Sierra Leone, Cambodia, Manchester and Liberia. The activities build strength in enquiry and discussion skills, as well as high level reasoning and creative thinking.

Available to download at: www.oxfam.org.uk/education/resources/making_sense_of_world_conflict/?5

“Developing rights”, Oxfam

Why are rights important? This resource will help young people to think about the place of rights in their own lives, and see how young people from around the world are claiming theirs. Useful for

exploring issues such as equality, the right to education, and the balance between rights and responsibilities, the activities also use case study material from South Africa, Lebanon, and Ethiopia

Available to download at: www.oxfam.org.uk/education/resources/developing_rights/?57

“Peer Learning: A Worker’s Guide - Training and Supporting Peer Educators.” M. Harvey for UK Youth

This is an indispensable manual for those training young people for the role of peer educators. Peer learning offers clear guidelines and a flexible structure that can be used in various settings across differing levels of participation by young people. It is suitable for work on a range of topics such as crime, bullying, or citizenship etc. The guide is clearly laid out in four parts. Parts one to three focus on the three key elements of planning a peer education programme: establishing an appropriate environment for a peer education programme; recruiting and selecting peer educators; and a development programme for peer educators. Part four contains a set of 20 activity sheets which can be photocopied for use in the workshops detailed in part three.

“Words Hurt Too” G. Russell for UK Youth

‘Words Hurt Too’ offers those working with young people information on all aspects of bullying including; the signs of bullying, promoting an anti-bullying environment, raising awareness of bullying, developing policies to combat bullying, step-by-step guide to managing bullying. ‘Words Hurt Too’ provides ideas and group work activities that equip young people with increased assertiveness, the strength to resist threatening and manipulative behaviour, the ability able to ask for help, and increased self-esteem.

Available at <http://www.ukyouth.org/whatwedo/publications/allpublications/wordshurttoo.htm>

‘Stand Up for Your Rights’, Peace Child International

"Stand up for your Rights" is a young person’s version of the Universal Declaration of Human Rights. This resource presents activities for introducing human rights aimed at young people aged 10-16 years of age.

More information available at www.peacechild.org/education/learnyourrights

3. Health

“Mind, Body and Soul” by Vanessa Rogers, National Youth Agency

This series of activity packs published by the NYA are three linked titles; Mind, Body and Soul, looking at emotional, physical and spiritual health and wellbeing for young people. Each book provides a toolkit of ideas and activities split over a number of sections for youth workers and other professionals to explore and help them promote holistic wellbeing for young people.

- Mind is about promoting good emotional health, enabling young people to feel happy, respected and content.
- Body is for workers seeking to encourage young people to take care of the physical side of their health and promotes keeping safe and healthy lifestyles.
- Soul supports workers exploring beliefs, values and ethics with young people.

Available to buy at

www.nya.org.uk/s/shopproduct/100106/100125/108850/108878/mindbodyandsoul/

“Values and Visions – a Handbook for Spiritual Development and Global Awareness”, Sally Burns and Georgeanne Lamont

This handbook offers ideas for spiritual development and global awareness. It presents material on freedom, justice and equality and has the backing of Christian Aid, CAFOD, the World Council of Churches and other groups.

Available to buy at www.dep.org.uk/pastprojects/valuesandvisions.php

4. Natural environment

“Rethink Refuse Reduce”, Field Studies Council

This resource provides off-the-shelf and adaptable resources, with an approach that departs from the standard and which certainly encourages discussion.

Available to buy at www.field-studies-council.org/publications/pubsinfo.aspx?Code=OP89

“Biodiversity, Food and Farming for a Healthy Planet”, Convention on Biological Diversity

This web resource explores the many different parts of nature that make biodiversity and agriculture possible. Each section has a downloadable resource (a game or puzzle).

Available free at www.cbd.int/ibd/2008/youth/

5. Consumption & Waste

“Where’s the Impact?” - Centre for Alternative Technology

This activity pack looks at consumer items, how they are produced and their environmental impact. A workshop activity to explore the way the Eco-footprint of an object or activity works. Participants tell the story of an object using a variety of cards representing land use, transport, production and disposal. This resource can be adapted to use with any object. The cards are in Welsh and English.

Available to buy at www2.cat.org.uk/shopping/product_info.php?products_id=1690

“Sustainability Handbook for D&T Teachers” Practical Action & CAT

This resource offers inspiration for ideas on subjects and activities on ESDGC. Each of the six Rs - rethink, refuse, reduce, reuse, repair and recycle - is considered in relation to each focus area, with suggested activities and sources of further information. This resource is designed for D&T teachers but with lots of activity ideas that can be adapted for youth groups.

Available from: www.practicalaction.org/?id=sustainability_handbook

Recycle Mobile Phones, Oxfam

This resource explores the costs and benefits of using mobile phones with workshop ideas and support for organising a mobile phone recycling scheme. There are guidelines for organising a collection of old

phones, and ideas for using mobile phones as a starting point to discuss the environment, recycling, poverty, and the place of communications technology in different parts of the world.

You'll find background information, posters to advertise your collection, and further ideas for educational activities about mobile phones. Great for 12–16 year olds.

Available to download at www.oxfam.org.uk/education/resources/bring_bring/?5

The Green Packs

These are excellent activities packs for work on consumption and waste.

Available to download at www.sita.co.uk

Recycling

Find out what you can recycle, where...

www.recyclenow.com/what_more_can_i_do/can_it_be_recycled/index.html

6. Climate change

“Crazy Climate”, Christian Aid

The ‘Crazy Climate’ resource pack explores the issue of climate change and poverty in an exciting poster and board game.

The resource is available to download free from:

http://learn.christianaid.org.uk/TeachersResources/primary/crazyclimate_resource.aspx

“The Transition Handbook”

We live in an oil-dependent world, with no planning for when the supply is not so plentiful. This handbook shows how the inevitable and profound changes ahead can have a positive outcome and offers you the tools for starting the process. These changes can lead to the rebirth of local communities, which will grow more of their own food, generate their own power, and build their own houses using local materials. They can also encourage the development of local currencies, to keep money in the local area.

Available to buy at <http://transitionculture.org/shop/the-transition-handbook/>

“Climate Change and Youth by the Government

This is a quick guide to climate change by the UK government.

Available to download at

www.direct.gov.uk/en/Environmentandgreenerliving/Greenerlivingquickguide/DG_072885

Carbon Footprint Calculators / Activities

A summary of different calculators - <http://coinet.org.uk/materials/carboncalculations>

CAT's easy to use carbon calculator - www.carbongym.co.uk

‘Global Footprint’ related activities and quizzes - www.globalfootprints.org

“Zerocarbonbritain”

Details how Britain can eliminate emissions from fossil fuels in 20 years and break our dependence on imported energy. www.zerocarbonbritain.com/

“Inconvenient Truth” DVD

From director Davis Guggenheim comes the Sundance Film Festival hit, AN INCONVENIENT TRUTH, which offers a passionate and inspirational look at one man's fervent crusade to halt global warming's deadly progress in its tracks by exposing the myths and misconceptions that surround it. That man is former Vice President Al Gore, who, in the wake of defeat in the 2000 election, re-set the course of his life to focus on a last-ditch, all-out effort to help save the planet.

DVD and more information available at www.climatecrisis.net/

7. Wealth & Poverty

“The Chocolate Game: Delicious Fair Trade Game”, Christian Aid

Revised and updated for 2007, this best-selling simulation game gets players to represent families involved in the cocoa trade in Ghana, Brazil, UK and Belize, so they can understand how international trade affects them. This resource incorporates fair trade issues, instructions for play, discussion points, and role-play cards.

Available as a free download from:

http://learn.christianaid.org.uk/YouthLeaderResources/choc_trade.aspx

“Bananas & (Cocoa) Beans”, RISC

This pack investigates our links with people across the globe through trade in food and drink products. It starts by raising awareness of our global links, and then goes on to look at the negative impact these links can have. Fair trade is introduced as a positive alternative, and ways in which we can all take action for positive change follow on from this.

Available to buy at www.risc.org.uk/education/teaching_resources.html

“Banana Pack” 2006 DVD Edition, Banana Link

26-minute DVD, A5 booklet, A4 booklet, 4 A2 posters, 3 loose-leaf activity sheets

This multimedia pack features a variety of excellent and informative resources for teaching about the banana industry and fair trade. 3 sheets with thought-provoking activities exploring how power is shared along the international banana supply chain and how to promote fair trade.

Available to buy at www.bananalink.org.uk/content/view/96/56/lang.en/

“The Poverty Challenge.” Christian Aid

Take The Poverty Challenge! Christian Aid's latest simulation game, players take on the role of families from six countries to experience the impact of poverty and how sustainable development and training can improve their livelihoods.

Available as a free download from: <http://learn.christianaid.org.uk/YouthLeaderResources/Default.aspx>

“Looking Behind the Logo: The Global Supply Chain in the Sportswear Industry” Oxfam

Starting by contrasting the Olympian ethos of fair play with the unfair conditions endured by sportswear producers in poor countries, this flexible resource makes the global supply chain relevant to children's lives. Through an imaginative role play game, activities and discussions, young people can understand why workers are denied their basic rights - and consider how to stop worker exploitation. This resource is also available in Welsh.

More information at <http://blogadmin.oxfam.org.uk/coolplanet/teachers/olympics/index.htm>

“XChanging the World” RISC

A flexible and comprehensive pack that introduces global trade issues through a variety of fun activities. It features lots of ideas, games, and role plays that enable young people to see how current trade laws benefit rich countries whilst increasing poverty and inequality. Real-life case studies that include the manufacture of Nike trainers, the role of transnational corporations and the impact of tourism in Goa all help young people to think about the role we have as global citizens.

This and other resources available to buy at: www.risc.org.uk/education/teaching_resources.html

“Milking it”, Oxfam

Compare the lives of two dairy farmers in very different countries. How are they affected by international trade rules? Who makes these rules, and what can we do to change them?

Available to download at: www.oxfam.org.uk/education/resources/milking_it/milkingit/

“Bananas Unpeeled”

Video introduced by comedian Mark Thomas, this film investigates the social and environmental issues facing banana plantation workers in Latin America and the Caribbean (suitable for ages 13+). This video comes with background information booklet.

DVD available at www.bananalink.org.uk/content/view/77/37/lang,en/